

**INTERNATIONAL CONFERENCE ON CONTEMPORARY RESEARCH IN SIDDHA
SYSTEM OF MEDICINE**

INSIGHT 2024

NOV 11TH 2024 – 11.15 AM TO 1.00 PM – THIRUMOOLAR ARANGAM

DEPARTMENT OF PG POTHU MARUTHUVAM

The Government Siddha Medical College, Chennai, recently hosted Insights-2024, its inaugural international conference focused on “Contemporary Research in Siddha System of Medicine.” This landmark event convened experts, scholars, and practitioners to discuss new advancements and research in Siddha medicine. The Department of Pothu Maruthuvam made significant contributions, with postgraduate scholars from all three years presenting 16 research topics that highlighted the integration of traditional knowledge with modern scientific approaches.

Timing: 11.15 am to 01.00 pm

Venue: Hall 1 – Thirumoolar Arangam

Chairperson: Dr. P. Parthiban. MD(s), Joint Director, Directorate of Indian system of Medicine and Homeopathy, Chennai.

Juries:

Prof. Dr. K.Kanakavalli, MD(s), Principal, Government Siddha Medical College, Chennai.

Dr. Eugene Wilson MD(s), Research Officer, CCRS, Ministry of AYUSH, GOI.

Reception and Greetings to our Jury Panel





INTERNATIONAL CONFERENCE FOR CONTEMPORARY RESEARCH IN SIDDHA MEDICINE – INSIGHT 2024

PARTICIPANTS

FIRST YEAR

S. NO	NAME	TITLE
1	Dr.ATCHAYA S	SIDDHA FOR GUT HEALTH: THE EFFICACY OF SIDDHA PREBIOTIC PANCHADEEPAKINI CHOORANAM IN PSORIASIS
2	Dr.JAIPRAKARAN K	A CROSS-SECTIONAL DESCRIPTIVE STUDY ON AWARENESS AND KNOWLEDGE ABOUT NON- ALCOHOLIC FATTY LIVER DISEASE (NAFLD) AMONG PATIENTS ATTENDING OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI.
3	Dr.KOWSALYA S	EFFICACY OF PIDANGUNARI KUDINEER CHOORANAM FOR NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) AMONG PATIENTS ATTENDING OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI- A PILOT STUDY.
4	Dr.KOWSALYA T	A STUDY TO IMPROVE IN-PATIENT SERVICES BY MEASURING PATIENT SATISFACTION AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI A CROSS-SECTIONAL STUDY
5	Dr.PRIYANKA S	ASSESSMENT OF AWARENESS ON BREAST CANCER AMONG REPRODUCTIVE AGE WOMEN ATTENDING OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI – A CROSS-SECTIONAL STUDY
6	Dr.SARANYA R	THE ROLE OF SIDDHA TREATMENT IN MANAGING TINEA CORPORIS: A CLINICAL TRIAL WITH IRUNELLI KARPAM AND KANTHAGA THAILAM

7	Dr.SARANYA R	ASSESSMENT OF SHOULDER PAIN IN HEMIPLEGIC PATIENTS BY USING SENSITIVITY OF THE SHOULDER -Q ATTENDING OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI – A CROSS-SECTIONAL STUDY
8	Dr.SHARMILA M	A CROSS-SECTIONAL DESCRIPTIVE STUDY ON KNOWLEDGE AND MEDICATION ADHERENCE IN URATHA PITHA VATHAM (HYPERTENSION) PATIENTS ATTENDING SPECIAL OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI
9	Dr.SOUNDARYA R	INFLUENCE OF NIGHT EATING SYNDROME AND CIRCADIAN RHYTHM AMONG IT PROFESSIONALS- A CROSS-SECTIONAL STUDY
10	Dr.SWATHI S	A CROSS-SECTIONAL DESCRIPTIVE STUDY ON PREVALENCE OF KUMBAVATHAM (ADHESIVE CAPSULITIS) AMONG TYPE 2 DIABETES MELLITUS PATIENTS ATTENDING OPD AT GOVERNMENT SIDDHA MEDICAL COLLEGE HOSPITAL, CHENNAI.

SECOND YEAR

S. NO	NAME	TITLE
1	Dr.DHILDAR T	A DUAL-ACTION DEFENCE: TARGEING MRSA WITH ANTI INFLAMMATORY POTENTIAL OF PIRANDAI VADAGAM IM SIDDHA SYSTEM OF MEDICINE
2	Dr.RAKSHANA N	PHYTOCHEMICAL PROFILING OF ATHIMATHURA CHOORANAM: A GC-MS ANALYSIS
3	Dr.SHALINI S	SCREENING OF PADIGARA PANEER SIDDHA FORMULATION FOR ANTI- FUNGAL ACTIVITY AND MINIMAL INHIBITORY CONCENTRATION AGAINST FUNGAL STRAIN

THIRD YEAR

S. NO	NAME	TITLE
1	Dr.ANITHA V	PHYTOCHEMICAL ANALYSIS AND COMPREHENSIVE EVALUATION OF HEAVY METAL, AFLATOXIN, PESTICIDE RESIDIUE AND MICROBIAL CONTAMINATION OF SIDDHA FORMULATION SATHIKKAI PODI FOR MENORHAGIA IN WISTAR ALBINO RATS
2	Dr.JAYAPRIYA R	EXPLORATION OF PHYTOCHEMICAL ANALYSIS OF AJAMOTHASTAKA MAATHIRAI - A SIDDHA HERBOMINERAL FORMULATION FOR ACID PEPTIC DISEASE
3	Dr.ROHINI ALIAS ELAVARSI J	EVALUATION OF INVITRO ANTI- DIABETIC ACTIVITY OF TWO DIFFERENT FORMULATIONS OF SEENTHIL CHOORANAM – A COMPARATIVE STUDY

AWARD WINNERS:

First year

First prize - Dr.Saranya R

Second prize - Dr. Atchaya S

Third prize - Dr.Sharmila M

Second Year

First prize – Dr.Shalini S

Third year

First prize – Dr. Anitha V

Award-Winning Presentations: A Gallery of Success



Dr.Anitha V, PG Scholar 3rd year – 1st prize



Dr.Shalini S,PG Scholar, 2nd year – 1st prize



Dr.Sharmila M. PG Scholar, 1st year-3rd prize





Dr.Atchaya S, PG Scholar 1st year- 2nd prize



Dr.Saranya R, PG Scholar, 1st year - 1st prize