

## Government Siddha Medical College, Arumbakkam, Chennai – 106

### VISIT TO NATIONAL INSTITUTE OF SIDDHA

#### Participation

Organization: National Institute of Siddha (NIS), Chennai – 47

Date: 8th and 9th October 2026

Participants: 1st year PG Scholar

Department: Gunapadam Marunthiyal & Marunthakaviyal

Faculty : Dr. S. Shankar, M.D(S)., Dr. C. Lakshmanaraj, M.D(S).,

Dr. C. Meenakshi, M.D(S)., Dr. S. Nalina Saraswathi, M.D(S).,

Programme: “Vergalai Thedi – Exploring the Roots of Traditional Siddha Wisdom”

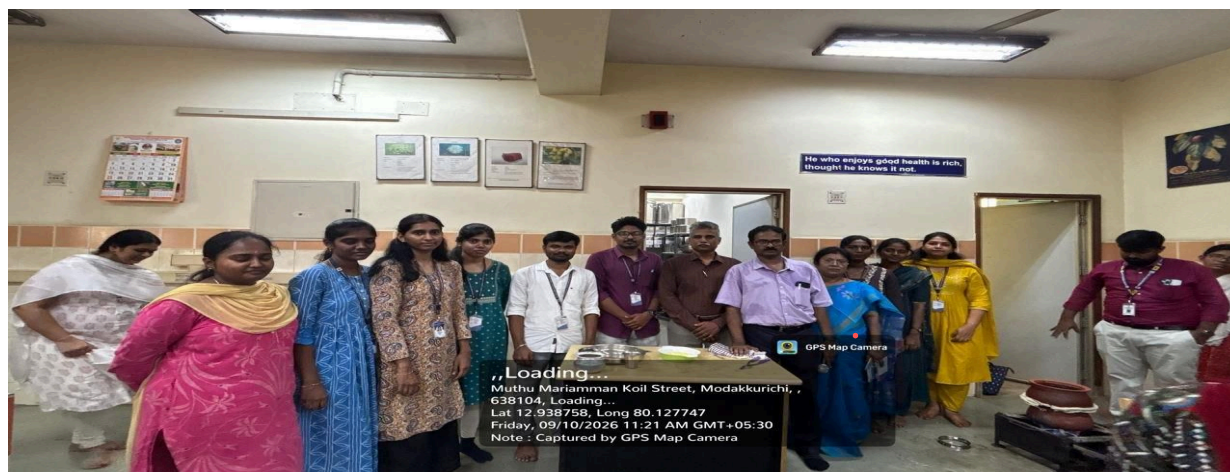
Resource Person: **Dr. A. Mamallan, M.D. (S)**, Specialist Assistant Medical Officer, Government Hospital, Kariyapatti

#### Visit Highlights

1. Participation in the hands-on traditional Siddha pharmaceutical training programme organized by the Department of Gunapadam Marunthakaviyal, National Institute of Siddha.
2. Practical exposure to traditional Siddha medicine preparation techniques through experiential learning.
3. Training and demonstrations on the preparation of the following Siddha medicines:  
**Veera Rasa Pathangam**  
**Vanga Chunnam**  
**Pavala Veera Chunnam**  
**Dasalavana Dravagam**
4. Gained knowledge of traditional pharmaceutical procedures and the importance of classical Siddha formulations.

#### Outcome

The visit provided valuable practical exposure to traditional Siddha pharmaceutical preparation techniques. The training enhanced the students' understanding of the preparation of Veera Rasa Pathangam, Vanga Chunnam, Pavala Veera Chunnam and Dasalavana Dravagam. It also strengthened their knowledge of traditional Siddha pharmaceutical practices and the preservation of classical Siddha medicinal wisdom.





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Note : Captured by GPS Map Camera