

**INDUCTION PROGRAM CONDUCTED BY DEPARTMENT OF PG POTHU  
MARUTHUVAM, GOVERNMENT SIDDHA MEDICAL COLLEGE,  
ARUMBAKKAM CHENNAI -106.**

The induction programme for first-year postgraduate scholars at the Government Siddha Medical College, Chennai, featured a distinguished guest lecture by Padma Shri Dr. V. S. Natarajan, Senior Geriatrician. Dr. Natarajan spoke on the topic of “ Common Geriatric Diseases Encountered by Medical Professionals” , providing valuable insights into the challenges faced in elderly care. He highlighted key conditions such as Alzheimer’ s disease, tremors, and Parkinson’ s disease, sharing his extensive knowledge and experience in geriatric medicine to enhance the scholars’ understanding of these critical health issues.

**Timing:** 3.00pm to 5.00pm

**Venue:** Agathiyar Hall

**Head of the department:** Professor Dr.K.Kanakavalli M.D.(s) Principal,  
Government Siddha Medical College, Chennai-106.

**Guest lecture:** Padma Shri V.S Natarajan, Senior Geriatrician.

**Topic:** Geriatric disease (Alzheimer's disease,Tremor, Parkinson's disease)



## **Senior Geriatrician Padmasree Dr. V. S. Natarajan**

### **Life note**

He studied Geriatrics in London for four years (1974-78) and was the first Indian to obtain the M.R.C.P.(U.K.) degree and special certificate.

In 1978, he started a separate Outpatient Department for the elderly in the Chennai Government General Hospital, The first in India. He pioneered the field by starting a 10-bed private ward for the first time at Chennai Government General Hospital (1988).

He obtained MD in Geriatrics from Chennai Medical College in 1996. He was responsible for starting the study.

He has written more than forty books in both Tamil and English languages. He has also started a “ vaccination center” to sensitize the elderly that prevention is the best way to prevent it.

"Dr. B.C. Roy received the National Award from the President for pioneering Geriatrics in our country.

"The Geriatrics Society of London" honored him with its Golden Jubilee Year Gold Medal in London.

Dr. M.G.R. Medical University of Tamil Nadu has conferred an honorary doctorate.

He has received eight "Lifetime Achievement" awards from Central Government, State Government, Tamil Nadu Dr. M.G.R. Medical University and Geriatrics Society of India.

In 2012, the Central Government honored him with the Padma Shri, the highest award of the Government of India, as the "Father of Geriatrics".

"Vyoshreshtha Saman", the highest award of the Government of India, has been honored by the Central Government on the "World Day of Older Persons" on 1st October 2021. He was awarded the "Golden Award" by HelpPage India in 2022 for his outstanding service to the elderly.

In 2017 he established "Dr VS Natarajan Elderly Welfare Trust" to continue his service to the elderly.

Padma Shri Dr. V.S. Natarajan as the editor, a monthly magazine "Mutumai Enum Poonkattru" was published by his foundation (2019) and it is getting good response among the senior citizens.

About 30 years ago, he had submitted an application to the Central Government to set up a National Center for Elderly Welfare in Tamil Nadu (Chennai), the birthplace of geriatric welfare. Now as a result of his application, First National Geriatric Welfare Center at Chennai was established by Hon'ble Prime Minister of India on 25-02-2024 online.



