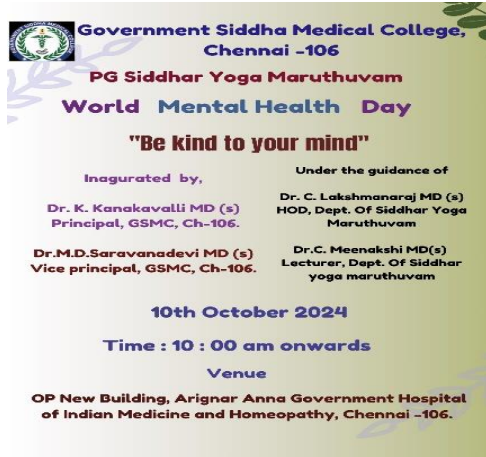


# GOVERNMENT SIDDHA MEDICAL COLLEGE, CHENNAI-106.

## WORLD MENTAL HEALTH DAY CAMP BY PG SIDDHAR YOGA MARUTHUVAM

With the guidance of our principal PG Siddhar Yoga Maruthuvam department has conduct a camp on **10-10-24** Topic **WORLD MENTAL HEALTH DAY** at Anna hospital New building Improve Mental health through Yoga, Siddha medicine are explained.



**Government Siddha Medical College,  
Chennai -106**  
**PG Siddhar Yoga Maruthuvam**  
**World Mental Health Day**  
**"Be kind to your mind"**

Inaugurated by,  
**Dr. K. Kanakavalli MD (s)**  
Principat, GSMC, Ch-106.  
**Dr.MD.Saravanadevi MD (s)**  
Vice principal, GSMC, Ch-106.

Under the guidance of  
**Dr. C. Lakshmanaraj MD (s)**  
HOD, Dept. Of Siddhar Yoga  
Maruthuvam  
**Dr.C. Meenakshi MD(s)**  
Lecturer, Dept. Of Siddhar  
yoga maruthuvam

**10th October 2024**  
**Time : 10 : 00 am onwards**  
**Venue**  
**OP New Building, Arignar Anna Government Hospital  
of Indian Medicine and Homeopathy, Chennai -106.**

