



**Government Siddha Medical College
Chennai-106**

Department of UG Aruvai and Thol
Maruthuvam

Siddha Outreach PROGRAM

Dr.K.Kanakavalli MD(S)
Principal

Dr.M.D.Saravanadevi MD(S)
Vice-Principal



Under the Guidance of

Dr.R.Jeyanthi MD(S)

HOD
Department of Aruvai and Thol
Maruthuvam

Dr.R.Yamuna MD(S)

Lecturer
Department of Aruvai and Thol
Maruthuvam

Interns

R.Renukadevi

Ritu

S.Sandana Priya

M.Saranya

**Health awareness
Camp**

**Date : 6/12/2024 Friday
venue: P.U.Middle School
Makkanur, Thirupattur**

SIDDHA OUTREACH PROGRAMME Report

**Organized by: Department of UG ARUVAI AND THOL
MARUTHUVAM**

Objective:

The primary aim of the Siddha Outreach Programme was to educate primary school students and staff on health, hygiene, and disease prevention, especially focusing awareness about skin related disorders

Programme Details.

- **Welcome and Introduction**

The session commenced with a warm welcome and an introductory address by the organizing team, emphasizing the importance of Siddha medicine in promoting holistic health and disease prevention

- **Educational Presentations by Internees:** The interns delivered informative and engaging talks on various health topics

RENUKADEVI.R : Spoke about Common Skin disease in children and their causes

RITU: Discussed the significance of a balanced diet and adequate hydration for healthy Skin.

SANDANAPRIYA.S: Shared aids to healthy skin and provided advice for particular skin diseases like Tinea, pityriasis alba, scabies etc.,

SARANYA. M : Spoke about practical prevention methods and do's and don'ts for maintaining healthy skin

3. Interactive Session

- To promote active participation and understanding, the following activities were conducted:
- Demonstration of proper handwashing and brushing techniques.
- A fun, mind game sessions conducted for students
- A lively Q&A session to address students " questions and encourage discussion"
- Vitals monitoring for students' parents
- General examination and Screening for Students, teachers and parents
- Doubt clearing session regarding discussion was done.

IMPACT AND FEEDBACK

The programme witnessed participation from over 100 students, who showed enthusiasm and eagerness to learn, Teachers and parents praised the initiative, expressing interest in organizing similar Siddha-based health awareness sessions in the future. The session successfully raised awareness about basic health practices and emphasized the significance of Siddha principles in improving the overall well-being of children.

Acknowledgement :

The success of the Siddha Outreach Programme was due to the dedicated efforts of the Department of UG ARUVAI AND THOL MARUTHUVAM and the guidance of Principal Dr.K.Kanakavalli, M.D (Siddha).The contributions of the interns were instrumental in making the event impactful and engaging.



GOVERNMENT SIDDHA MEDICAL COLLEGE CHENNAI-16
DEPARTMENT OF AYURVA AND THE MIRUTHUVAM HEALTH AWARENESS PROGRAMME
DATE: 06.12.24

GPS Map Camera



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P.U.Middle School ,Ghp3+qvq, Thiriyalam, Tamil Nadu 635851, India
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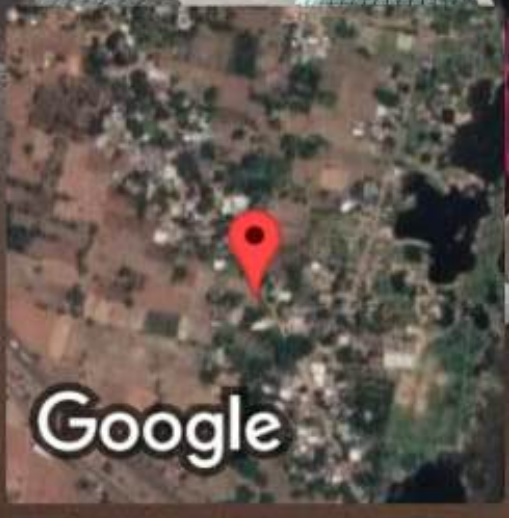
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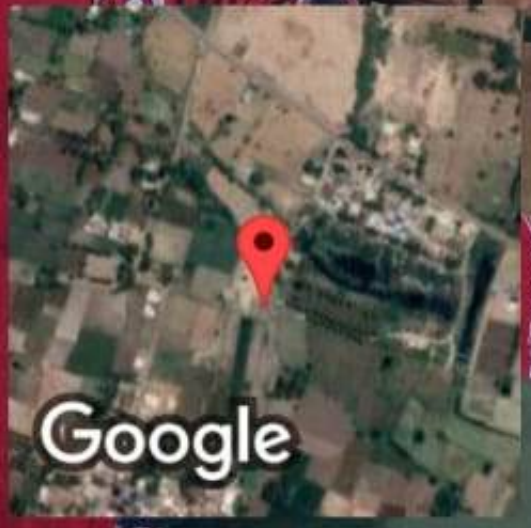
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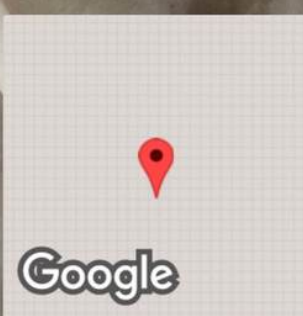
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Vitals monitoring for Parents and Teachers



Mind Games session for childrens

