

SIDDHAR YOGAM AWARENESS CAMP

Under the guidance of Principal, Government Siddha Medical College, Chennai, Post Graduate Department of Siddhar Yoga Maruthuvam had done Siddhar yogam awareness camp for student of Dr. B. M. Sundaravadanan Matriculation Higher Secondary School, Shenoy Nagar, Chennai - 30. on 05.02.25 at 10.am. This camp was headed by Dr. C. Lakshmanaraj, Reader, Head of Department and Dr. C. Meenakshi, Lecturer. 45 Students had benefited of Siddhar yogam - Asanam, Pranayamam, Siddhar Muthirai, Eye yoga. Post graduate and CRRI students have demonstrated and beneficiaries students also made to do under their guidance.



