

OBESITY AWARENESS SIDDHA MEDICAL CAMP - MAR 2026

DATE : 04.03.2026

TIME : 10.00 AM

ORGANIZED BY : UG – Department of POTHU MARUTHUVAM, GSMC,
CHENNAI – 106.

In the presence of our PRINCIPAL Professor
Dr.N.VENKATAPPAN, M.D(s) , Department HOD Dr.R. Sasi Rekha, M.D(s)
and Department faculty Dr.V. Isabell Rafeeda, M.D(s).

OBJECTIVE:

- 1.To create awareness about obesity and its health risks among the general public.
- 2.To emphasize the importance of early detection of obesity through BMI measurement and regular health screening.
- 3.To educate people about the effects of obesity in children, adults, and the elderly.
- 4.To promote healthy lifestyle habits such as balanced diet, regular exercise, and yoga for weight control.
- 5.To clear common myths and misconceptions related to obesity.


NO. OF BENEFICIARIES :

Male -453

Female-322

Child236

Total-1011



GOVERNMENT SIDDHA MEDICAL COLLEGE
 DEPARTMENT OF POTHU MARUTHUVAM
 PRESENTS
OBESITY AWARENESS CAMP
 INAUGURATED BY:
Dr.N.Venkatappan,M.D(s) ,
Principal, Government Siddha Medical College ,
Chennai -106
 THEME:
"SMALL CHANGES BIG IMPACT"
 MARCH
 WEDNESDAY **04** @ 10.00am
 2026
 Respected Sir/Madam
 We are organizing **OBESITY AWARENESS CAMP**, We cordially
 invite all to grace the occasion with your esteemed presence.
THANK YOU
 Venue : **ARIGNAR ANNA GOVT. HOSPITAL FOR INDIAN**
MEDICINE AND HOMEOPATHY,
CHENNAI - 106

