

## **THYROID AWARENESS SIDDHA MEDICAL CAMP – JAN 2026**

**DATE:** 23.01.2026


**TIME:** 10.30 AM TO 11.40 AM

**ORGANIZED BY:** UG – Department of POTHU MARUTHUVAM, GSMC, CHENNAI – 106.

In the presence of our PRINCIPAL Professor Dr.N.VENKATAPPAN, M.D(s) , Department HOD Dr.R. Sasi Rekha, M.D(s) and Department faculty Dr.V. Isabell Rafeeda, M.D(s).

### **OBJECTIVE:**

1. To create awareness about Thyroid Disorders (Hypothyroidism and Hyperthyroidism) among the general public.
2. To emphasize the importance of early diagnosis, medical consultation and regular thyroid screening.
3. To promote thyroid awareness in men, geriatrics and women during pregnancy.
4. To guide patients on lifestyle modification through diet and yoga.
5. To dispel myths and misconceptions relates to thyroid disease.


**DEPARTMENT OF POTHU MARUTHUVAM**  
 Presents  
 Camp based on  
**THYROID AWARENESS MONTH**  
 INAUGURATED BY:  
**Dr.N.Venkatappan.M.D(s).**  
**Principal, Government Siddha Medical College,  
 Chennai.**  
 THEME:  
**"Take charge of your Thyroid  
 Health"**  
**Date : 23-01-2026 Time : 10 AM to 12 NOON**  
*Respected Sir/Madam*  
*We are organizing a Health Awareness Camp on Thyroid Health.*  
*We cordially invite all to grace the occasion with your esteemed  
 presence.*  
**THANK YOU**  
**VENUE : ARIGNAR ANNA GOVT. HOSPITAL FOR  
 INDIAN MEDICINE AND HOMEOPATHY,  
 CHENNAI - 106**

